

## Talking Box Questions

If you could live in a different time and place, when and where would you want to live?

Why do you think some teenagers think it's so cool to do drugs?

What would you do if you could stay up all night?

What do you think it is like having you for a son/daughter?

Who is your best friend? Why do you like them?

If you could give parents some serious advice about raising children, what would you tell them?

What do you think grown-up people do for fun?

What is something you worry about?

Describe something that makes you feel proud to be a member of this family.

Describe something that happened recently that made you really happy.

Do you think it is ever right to tell a lie?

Why do you think some children run away from home?

What do you think happens to people after death?

What is something you hope people will remember about you after you die?

Describe something that people do that makes you really angry.

What age would you like to be?

Why do you think some people tell jokes about people who belong to different races, religions, or nationalities?

If somebody gave you \$1000 but said you had to spend some of it on your family before you could buy anything for yourself, what would you buy for everyone?

If you could spend an afternoon with a famous person (living or dead) who would you choose and why?

What do you wish people didn't know about you?

Tell about your mom.

Tell about your dad.

Tell about your brothers.

Tell about your sisters.

If you found out there was going to be an earthquake tomorrow and your family had to move out of your house in a big hurry, what would you want to take with you?

What makes you smile?

What makes you sad?

What makes you scared?

How do you feel about divorce?

What do most children at your school do at recess time?

What do you like doing best?

What do you like best about yourself?

What do you like least about yourself?

When you have teenage children of your own, what kind of parent do you think you will be?

What is something you would like to change about your school?

Explain why you agree or disagree with the following statement: "School years are the best years of your life."

What is your favorite school subject?

Why do you think some children are so mean to others?

What is the best day of the year?

Where do you like to go if you are feeling lonely?

What makes you feel lonely?

What's the best thing that happened to you today?

What's a skill or talent you wish you had, and why?

What do you do during lunch?

Why do you like being (age)?

Why do you like being a boy/girl?

What makes you angry, sad, scared, happy, laugh?

What one room in your house would you change and why?

Ask me a question you have been wanting to ask...

Name 1 good thing that happened this week. (I will sometimes follow up with 'How did that make you feel?' or 'What did you do? What were your thoughts?' with the goal of linking thoughts, feelings, and behaviors)

Name 1 "not so good" thing that happened this week.

Name 2 or 3 neat qualities about yourself.

- If you could change 1 thing about yourself, what would it be? How would it be different?

How did you feel when....

What did you think when....

What did you do when..... (with these types of questions, I will often follow up with the other (feel, think, or do) if the therapeutic goal is best reached by establishing the link b/t these and recognizing cues.)

You might want to put in one blank sheet as a free question so that they have the choice to pick out a topic that is pertinent for that moment or week.